

Volunteers are the
Heart of Meals on Wheels
Together We Can Deliver



OFFICE & SPECIAL PROJECT VOLUNTEERS

Support the Meals on Wheels of Eastern Onondaga County mission by bringing your talents and skills to our volunteer team. Excel at organization and office management? Prefer to handle data entry or clerical duties? Have a talent for marketing and media? Enjoy networking, public speaking, or event planning? Your time and effort make a difference in our community!! When you work on behalf of Meals on Wheels our clients immediately benefit from the nutritious meals and the love, concern, hope and friendship that you offer.

Job duties are varied and flexible based on each volunteer. Some examples include:

1. Office Backup Volunteer – handle office duties in absence of Operations Director
2. Office Support Volunteer – assist in specific tasks or projects such as data entry, answering phones, preparing mailings
3. Outreach Volunteer – assist with event planning or marketing tasks such as creating posters and leaflets, creating displays for fairs and exhibits, taking photographs or videos, and corresponding with local businesses for fundraising or donations
4. Ambassador Volunteer – assist in public relations and represent Meals on Wheels at events, community fairs or speaking engagements

Requirements:

A generous spirit and willingness to offer your experience, talents and skills to benefit Meals on Wheels. Hours are flexible and may include weekends or evenings. Additional training provided by staff.

Have questions? Would you like to be a volunteer? **Call (315) 637-5446 or email MOWEOC@gmail.com today!**